



# FHU New Insights

New Year 2015

## Why Men Fail - Roy Masters



Woman uses two basic principles of life with which to "possess" her man: natural enticement and provocation. "Enticement" is the natural attraction, or power, that compels the life-force of the beast. The "spiritual" way of possessing a person is by deliberate provocation.

Man resents the "temptation" of woman, because it makes him feel his primitive weakness, and the ancient penalty of death. Each "response" daily re-enacts that same scene in man's own Garden of Eden – with the same desire to blame, the same desire to shed the same feeling of "shame and guilt." Thus, man resents woman for exposing his godlessness.

When a man is cleverly angered by a woman, he "responds" again with resentment, feeling the growing continuation of guilt for his hostility; especially when the woman becomes sweet again and starts to cry. Concealing his shaming-resentment, he gives the woman what she demands – his seed and his service.

After such antagonism, other men will become brutal instead of kind, in order to overcome their feelings of inferiority to the clever womanly-tempter – in a rush of animal ferociousness and force.

Woman is man's "god" by virtue of his compulsive response. Man rebels against woman with force and brutality and vehement accusations; striving to belittle her, in order to again build up his little ego. Or, he hides his shaming-resentment by being "over-kind" – finding relief from his shame in the approval of his woman.

When faced with temptation, man will not admit his weakness, but by "siding" with the tempter, in order to conceal the shame of admitting that he has lost the battle.

*Woman is man's "god" by virtue of his compulsive response.*



## ***Why Men Fail (continued)***

*The sexual feelings of a woman differ from those of a man.*

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Men love women, whisky, horse racing and smoking, in exactly the same way, indulging to immoderate excess, in an attempt to prove to the world that they are not controlled, but do all this in the name of love. Ironically, sinful man is now a slave of all the things which he hates the most.

Separation from a higher Principle results in the "fall" to the temptation that expresses man's first weakness. His hatred of the temptation is the second. However, his resentment increases the control by the tempter, through the victim's secret emotional rage, which furthers the guilt feelings. In this rut, the only path to relief is to yield to the temptation. The only ways in which he may satisfy the craving and excuse the inferiority is either in being "kinder" toward, or "greater" than, the thing that tempts; or, he may side with the tempter, in order to hide the control the temptation has over him.

After the sexual "relief", there is the familiar disgust and secret resentments, making the man completely disinterested in his partner. Now sexually-satisfied, he again feels his weakness, and sees the woman as she really is. The woman senses his resentment and his temporary release from her control, starting to anger and provoke him with accusations of his "unloving nature", in order to distract him from what he sees. This being the truth about his shame, man is angered – replying either with brutality or the smothering of the woman with the affection and service that she craves – or both!

Feeling the temptation of the female, men often compensate for this "tempting threat" by becoming tempters to women. By becoming a "Don Juan" (womanizer), a man is able to overcome his inferiority response to the opposite sex, through being a "woman tempter" himself, using the same sexual provocative approaches – finally becoming effeminate through his "female" ways.

From woman's ego arises the compulsion to tempt and possess, and to bribe with her body, giving it as a "reward" to her mate. Man gives in compulsion; woman gives in compulsion. Even the offspring are "served" in compulsion – as parents, with over-kindness, conceal the real resentment felt for their unwanted little "impositions", which restrict that thing called "freedom".

Now the sexual feelings of a woman differ from those of a man. Because a woman is "possessed" by life, her agony is great. For a woman, pleasure is not so much in the sexual act, nor is it in bearing "inconvenient" children. It is in the conquest of her inferiority, through the "fall" of man. She compulsively delights in her tricks of femininity, through the reaction which she perceives in the male, for man's masculine authority is "diluted" when he is embarrassed or enticed.



***Why Men Fail  
(continued)***

*Man has two  
secret  
weaknesses that  
can be utilized  
by the women in  
his life*

In his separation from Truth, man has two secret weaknesses that can be utilized by the women in his life, in order to control him. First is his primitive "natural response" to the female form. Second, is the existing hostility felt toward women for their control over him. Both of these weaknesses he excuses, however, as strength.

When we are embarrassed and guilty, we will move to "cover" our guilt, or to "make up" for these feelings. Those who are able to make you feel guilty, at their convenience, can open the door of your mind and get something out of you. This is your "compulsive service" to the wrong god. These people give you something back, in exchange; but this "something" is the gift of illusion. In other words, they give you their unholy approval, and you receive "joy" – not of the spiritual kind, however; only "relief" from the agony of the pressure which has been placed upon you.

The sexual obligation of the beast motivates it to relieve itself of its seed. The "pleasure" which it feels is nothing but this same "relief of obligation" (or compulsion).

Lacking the redeeming effect of deeper insight, the sexual drive of man and woman is primarily one of compulsive response. "Pleasure" is usual relief of that obligation to extend the life-force. However, people often feel guilty for the sex drive – because obligation, pressure, force, or motivation of any kind, is against the human will.

Therefore, the offspring of the needful intercourse, which these compulsive acts produce, are in themselves an obligatory inconvenience and a guilt-ridden way of life – which, in turn, creates more obligation in rearing the children in ways to relieve the guilt. This feeling drives us unwillingly, into every natural function, such as sex and kindness. Sometimes, we resent the inconvenience of children born to us, so we conceal our guilty attitude with an external act of compulsive over-kindness; or we will use extreme brutality, in rebellion to them.

In the same way, we conform to morals reluctantly; that is, with only an embarrassed external kindly act; but with an internal rebellion. When we are tempted, we feel tension. The "relief" that we feel in complying with the requirements of the pressure is called pleasure. This so-called "pleasure" is in itself, guilt-producing, because we have not given.

The sex-caholic, (over-kind, or brutal), responds to provocation in over-doing the act, to immoderate excess. The frigid-caholic responds in rebellion, setting himself completely against the act. Now, the over-doing, or the freezing out of sex and kindness, are both cruel perversions of true principles. They lead only to trouble with others, to whom this unfair smother love, over-sex – or no love, no sex – is extended.



***Why Men Fail  
(continued)***

*By upsetting  
and tempting  
others, we open  
and close that  
mental door*

By upsetting and tempting others, we open and close that mental door and the minds of others; but THIS is our unholy nature, and rebellion to God. Those doors are opened to the enticement of those who know how to make our feelings "right", or to those who champion our rebellion and conformity against whatever compels us. Each time these "outside" doors are opened in this manner, we close the inward doors.

In yielding to the outside demand, in order to ease the pain of temptation, we feel more pain in our conscience than ever before. If we excuse it, we are more easily tempted next time, through our blindness. The more we hate the temptation, the more guilty we feel for the hate; and the more obligated we are to make up for our guilt by the giving of "life-force", until it is drained from us.

Now, there is a way to close that outside door and to open the one within ourselves. We need to find a "natural willingness", in order to relieve our obligation, or our rebellion to life.

Work is an agonizing labour without this "willingness". It is always a labour that we resent. This resentment makes us guilty; but that guilt drives us to even more obligated work. We may resent our spouse, yet be driven to conceal this resentment through kindness and service.

The inhuman cycle of life is locked into relationship with external obligation and pressure, as is the beast's. Having no conscious inward life, the obligation of the beast is not in opposition to the freedom of its choice between right and wrong, as is man's. Therefore, its relief is always satisfying; never shame-producing. The animal is born, like the sun, moon and stars, under command, without any alternative choice of direction.

This outside pressure, for the beast, is its rightful pressure. Its life is a compulsive life, and its relief and rest are not against any inward command.

However, our unwillingness to find, to listen to and to obey our inward nature is our guilt. This guilt can be interpreted as "failure to respond to the inside", so that we might possess the power of love with which to overcome the call of temptation.

By responding to the outside, we feel this "obligation" that comes out of guilt. We "give", but it is never satisfying. Instead, it is always more guilt-producing when we have given through obligation. This involvement will continue until what we need to do becomes, by grace, also our willingness; until our knowledge comes from our understanding; and until our sexual motion flows out of our love. ●

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## The Bible versus the Little Voice

### Roy Masters



*If an individual does not respond (react), he cannot be outwardly manipulated.*

Alarming, there are many people who would oppose the propagation of a Truth which would teach people to control their emotions. It would be alarming because their life is dependent upon the unruly emotions of others. That is to say, that other people can be controlled or manipulated through fear and guilt to give service to them.

The secret of influencing a person's mind is through emotional response. If an individual does not respond, he cannot be outwardly manipulated. To successfully influence someone's mind, it is essential to create an emotional reaction. A hypnotist's power over his subject lies in the unseen stimulation that connects his direction to the unconscious mind. This state is a similar mystical union that should be taking place inside a person's mind, relative to his "little voice".

The emotional state produced by a hypnotist is actually a duplication of the conditioning of the world. The union between the manipulator and the victim is called rapport. Every living person has been, or is still, under the influence of the outside voice; yet, they are proudly unable to recognize their behaviour as compulsive service because of justifications that "protect" them from the guilt of seeing these compulsions as weaknesses. We may observe our compulsive service to an outside god, and allow ourselves to be deceived into thinking that we love them. Strangely worshipping the wrong god this way, billions are under the hypnotic spell of deception.

When we are upset, lines of communication "open up" between us and the manipulator. Without the emotion produced by the cruel one, there is no power in the suggestion or wordless implication (same thing). When you upset someone, then the suggestion takes hold of his mind. The idea travels through the electrified nerves of the victim. This may be compared with a telephone; without the power supply, there is no reception at the receiving end.

Thus we see that the total power of the outside manipulator is through our emotional upsets. Once we are triggered this way, we tend to respond more easily the next time, so that excitement and suggestion also take more rapidly; we also justify ourselves more readily. When this happens, the justifications become our reason in place of wisdom. In our blindness and excuse making, we are further separated from ourselves and wisdom, and more controlled by the manipulator – often deceived that we love him. Pride cannot see our compulsive service because we have justified our behaviour.



***The Bible versus  
the Little Voice  
(continued)***

*One day you  
may awaken to  
discover (too  
late) that you  
have been  
worshipping  
the devil.*

Because we have done nothing to close the door of our emotions against the intruder, emotional reactions that are the lifeline of the manipulator continue to be activated.

Now do you see why people tell you that it is normal to be upset? Not only are they justifying their own enslavement to someone else, but they need your emotional response to control you! Everyone in society is influenced by someone through this process. Each person promptly "turns around and takes it out" on someone else lower down the line. Strangely, we are soldiers of an evil principle, beating the bushes for recruits.

Your present lesser guilt is a challenge to the more enslaved and justified ones. Standing before you, they must feel their weakness, unless they can activate you into enslavement to them, as they have been enslaved to others. Your emotional calm would prevent this and give them terrible conflict. This entire process is unrecognized even by the most intellectual of giants.

There is a terrible danger that we might be swept into the enemy's camp by corruption that is growing through this unseen process. All men are guilty of serving the unseen beast. One day you may awaken to discover (too late) that you have been worshipping the devil, deceived that you have been "serving God".

If my assumption about these emotions is true, then you can recognize the monster by the way he manoeuvres to disturb you. They don't want you to control yourself, because they want to control you. The tactics include kind actions done at the wrong time, and too much kindness which exceeds your own efforts. This is timed to upset you by minimizing your own goodness. This threatens your pride which makes you angry, then guilty; then you have the compulsion to make up for your secret hostility, and you find yourself doing as you are told again – deceived that you are doing this out of love, a greater one than your manipulator. Cruelty that will upset you is yet another tactic.

Returning to the point of view, we recognize these people by the methods utilized to disturb us. This excitement opens the door to our mind with increasing momentum, which we are powerless to overcome. We may receive a little relief by bullying others out of their wits. We can recognize those who uphold this philosophy by the way they speak. They claim that one should be upset. If you have "a little inner voice that guides you", you must be crazy. To them, both of these elements are serious threats to their world of illusion. That "little voice" of intuitive knowing is the one they have denied in themselves. This is why that same one in you must be denied. Secondly, the only way they can pull you away from your own good sense is by upsetting you.

The devil worshippers are organized, and most often found in what is commonly supposed to be religion and psychology. The psychologists would lose their bread and butter if everyone would learn how to remain poised through listening to their "inner selves" – and the wolves in sheep's



***The Bible versus  
the Little Voice  
(continued)***

***Why does man  
believe the  
voice outside  
him, and not his  
own in-tuitive  
knowing?***

clothing would lose their officers and sergeants, and the entire system of evil would collapse. Devils would lose about 95% of their patrons, and men could not be led to war against each other, and there would be peace on earth!

These words you are reading are "heresy" to many so-called religious minds. I am preaching a death of their system, and strangely enough, they see my words as a sentence of doom. It is the same voice saying to them, "Ye shall surely die if you disobey me but if you obey My voice you shall find life". So to some, Truth is a death knoll; to others it means life and happiness.

Why does man believe the voice outside him, and not his own in-tuitive knowing? It is because man chooses not to believe his Higher knowing. If man believed in "himself," that is to say, what is revealed to his consciousness, and then he could not be swayed by the lie that would otherwise lure him toward the status of pride. He believes the lie because of a deeply buried plot against Reality.

A man who is honest cannot be snared by a "con artist". In the same way, a man "honest with himself" cannot be persuaded by the larceny of the world. What IS it that we desire? Simply, each ego aspires to be "god". That means we must deny the Truth of Truths and believe that the lie is true.

What happens when someone degrades you and calls you a bad name? Why do you become upset? Why should it disturb you at all? It is for the same reason that you become excited to listen to the outer voice. The outer voice is all powerful when we have denied the inner voice of our conscience.

When someone calls you a fool, a liar or a cheat, you cannot help but believe it – although you may not want to accept the idea! You will either settle down to accept that statement as the Truth, which may license you to a life accordingly expressed by the statement, "If I am accused, I might as well enjoy it". On the other hand, you may struggle to offset this statement (which means you have unconsciously accepted its implications).

You excuse it, painfully rising to meet the "exciting challenge;" proving to others that you are good and noble and so honest. This is the energy you need to "grow". Since you have not found the way to close the door of your mind to those suggestions, you eventually become more afraid that people will accuse you again and wash away the "evidence" you have built up. So it goes, living a life of proving your goodness that is always washed away by that little voice outside yourself. Sometimes you become dependent of the challenge of accusation for "life and growth", simply enjoying putting your enemies to shame.

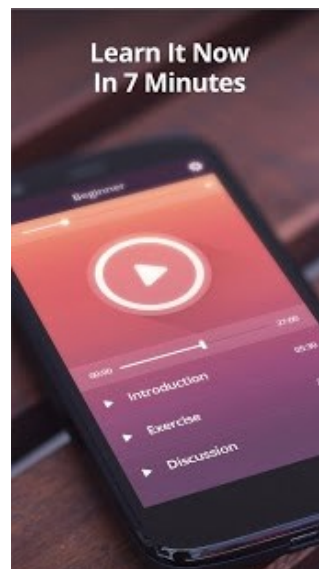
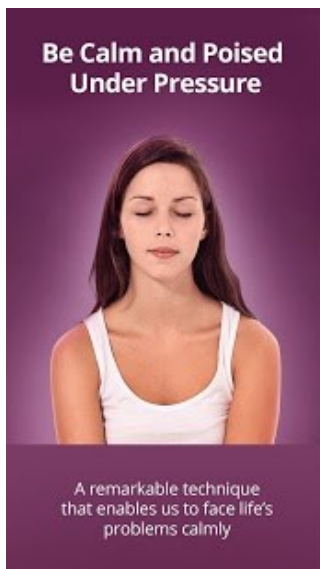
Then again, we may utilize the outer voice to justify our freedom to do as we please, or we utilize our rebellion against the outer voice to prove our worth and our affinity to godly virtues. In reality, we are "inspired" outwardly to puff ourselves up in pride. ●



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## Listening to Your Conscience

What does the Bible say about being still, listening and following your conscience?

Does the Bible give you a spiritual or intellectual experience?

If I read about Hitler, does that make me evil?

Reading the Bible teaches us about God and Christ but without humbly and quietly taking a journey into one's inner self, it is just knowledge. Wise and wonderful it is, but has it changed the inclination of your soul?

The devil knows about God but does he believe in Him?

Our consciences are the quite voice of God. The Bible is a guide to how to tune into that voice. It is not an end in itself but a means to an end.

Psalms 46:10

Be still, and know that I am God.

Psalms 37:7

Be still before the Lord and wait patiently for him.

Psalms 40:8

I desire to do your will, O my God; your law is within my heart.

Psalms 131:2

I have stilled and quietened my soul.

Psalms 119:11

I have hidden your Word in my heart that I might not sin against ou.

Proverbs 23:7

For as he thinks in his heart, so he is.

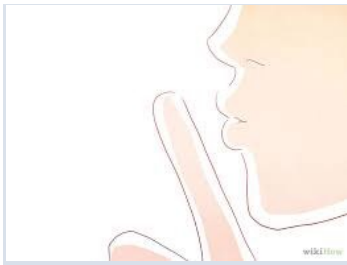
Proverbs 28:9

If anyone turns a deaf ear to my instruction, even their prayers are detestable.

Jeremiah 31:33

I will put my law in their minds and write it on their hearts.

*If I read about  
Hitler, does that  
make me evil?*



***Listening to Your  
Conscience  
(continued)***

***Receive with  
meekness the  
implanted word***

Deuteronomy 30:14

The word is very near you; it is in your mouth and in your heart so you may obey it.

Deuteronomy 30:20

You may love the LORD your God, listen to his voice.

Matthew 23:26-28

First clean the inside of the cup and dish, and then the outside also will be clean.

Luke 11:28

Blessed are those that hear the word of God and obey it.

John 6:45

Everyone who listens to the Father and learns from him comes to me.

Romans 2:15

They show that the requirements of the law are written on their hearts, their consciences also bearing witness.

James 1:21

Receive with meekness the implanted word, which is able to save your souls.

1 Peter 1:13

Therefore, with minds that are alert and fully sober.

1 Peter 4:7

Therefore be alert and of sober mind so that you may pray. •

***Call Roy on Advice Line***

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## SPEAKING UP WITHOUT FEAR

### Roy Masters

*During the growth process, we associate words and experience. For example, we see a four legged creature, and someone labels it “cow”. From now on, that object, and the memory of the “sight” of it, is associated with the memory of the word “cow”.*

*For us to be able to grow from understanding, requires the proper linking of ideas.*

*Now, if the cow kicked you while you were milking it, you would then associate the word “dangerous”, or perhaps “unpleasant”, “fearful”, “painful” – or any other appropriate word gained from similar experiences, whether pleasant or unpleasant. You would now join a “pleasant” or an “unpleasant” adjective to the word “cow”. Thus, “cow” now becomes – “bad cow” or “good cow”.*

*For us to be able to grow from understanding, requires the proper linking of ideas. Unfortunately, there is a process which takes place in human beings, which creates a disassociation, or a mis-association of ideas, which we call “confusion” or “insanity”.*

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**Speaking Up  
Without Fear**  
(continued)

*We feel  
"inferior" to  
whomever or  
whatever has  
caused us to  
respond.*

*When we are angered, energy is stimulated by an outside "intelligent" source, to which "ideas" or "suggestions" can be attached. In the life process, we must have "energy" in order to move.*

*For example, you are sitting down, too "tired" to wash the dishes; then someone yells: "Your house is on fire!" Suddenly, you have the energy to put out the flames; that energy which you did not possess to wash one dish!*

*Now, we can go one stage further. When people are able to "excite" you by the pleasant or the unpleasant, they can then attach their beliefs or suggestions to this energy force in you. To illustrate: "Get up, you lazy dog and wash the dishes!" (This is upsetting). Here, it is obvious that we are being directed by an outside controlling force. In this instance, we have been upset, and it is the fact of being "up-set" that gives birth to many facets of abnormal behavior, which I will try to clarify for you.*

*We feel "inferior" to whomever or whatever has caused us to respond. Since we have "reacted", we are thereby emotionally conditioned to that outside "intelligent" force, by a similar process that should come from within ourselves; namely, our "intelligence" should produce an extended feeling to act. Instead, our emotion is stimulated by an "outside mind" and our body then either accepts or rebels against the idea.*

*Not wishing to appear to be a "lazy dog", we get up and wash the*

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**Speaking Up  
Without Fear  
(continued)**

*Anyone using the "correct" approach can control us, like robots.*

*dishes, in anger – in order to prove that we are not “lazy”, we simply “accept” the suggestion that we are “lazy” and always wait for that needed “push” from the outside force.*

*Therefore, we may either accept the untrue fact or resign ourselves to all of the faults that we possess, until we “become” what we have been labelled; or, we will spend the rest of our lives striving to throw off this, or any other similar “suggestion” or “motivation”. We have indeed been affected deeply – which distracts us from any true purpose or inner direction in life.*

*We may now work ourselves to death – in order to “prove” that we are energetic, noble and brave; trying in vain to “compensate for”, or to overcome that “implanted” suggestion.*

*Anyone using the “correct” approach can control us, like robots, by a dare – commonly known as “reverse” or “negative” psychology. So we pick up ideas about ourselves or we labour to “throw off” these suggestions, in a fruitless, useless labour, becoming only more suggestible to similar conditioning. This is all done in order to offset the agony we feel, as we are forced to “labour in vain”. We now become even angrier toward the slightest implication; yet, that very anger is what gives power to the suggestion – forcing us to labour in more agonizing futility. Studying to distract our minds from that “label”, we gorge ourselves upon large amounts of uncorrelated facts. We study religions for “piety”; we take many “knowledge courses” in our search for “superiority”.*

*In our vain stampede to throw off those “labels”, we open our minds to more untruths and “dogmas”, or any “mis-knowledge”; for, we are afraid to gain wisdom from the frightening experiences of life that we are unable to meet – because of the same, original upset! •*

## YOUR LETTERS

Please share your stories or testimonials of how the Foundation has helped you or how learning to be still has benefitted your life.

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## Your Letters

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### *A Dream of Two Doorways*

I was standing in the hallway of our house and the front door had disappeared. It was dark outside and I began to be afraid. This picture, very vivid, was followed by another, equally clear: the same place but with the door back in its place. I felt protected and my fear went away.

Reflecting on this dream, not a difficult one to interpret, I was reminded of Roy's words in (I think) his meditation on stress: "your consciousness is like the sentry who stands at the palace gate and guards the treasures within". If the sentry is asleep (hypnotized), we are vulnerable to danger, as a house without a door would be to thieves and vandals, as well as to the elements.

This is the microcosm, the case for an individual. It is also true of the macrocosm, that is, a nation, which needs to be properly vigilant in order to protect its borders against those that would threaten its security and the safety of its citizens.

We can begin the process of restoration by putting our house in order, both individually and collectively. Starting with a sincere commitment to meditate and being watchful ("watch and pray") – you will find it simpler than you might think!

Heather – England

### *Going to Church*

Thanks to everyone for the thoughts on, "going to church". When the day came I just couldn't go. When I was working in Belgium, with outreach groups, a missionary support team came from the U.S.A. Among them a lady called Joyce, during the 1970's. She gave me a Be Still & Know cassette. I didn't have a player then and because the Senior Missionary told me that Roy was a cult leader, I never listened to it. After seeking in different denominations and in Eastern and Western countries, literally, I finally returned to the UK about thirty years later.

During research, I came across the "Be Still & Know" exercise online. That instantly changed me, and over the last seven or so years, I am convinced that it is right for me. My first one and a half years in Belgium as a new believer and not being able to speak Flemish yet! It was me, the Holy Spirit and the Bible. How I wished that I had stayed that way! So I am now back home.

David – England

# NEW INSIGHTS

Foundation of Human Understanding

27 Old Gloucester Street, London. WC1N 3XX

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From Stress  
and Struggle

